

ICT as a Life Skill for European Adults and Seniors 20.-24.11.2017

- KA1 structured course in Sastamala, FINLAND

Sastamalan Opisto offers a five-day KA1 structured training course in November 20.-24.2017. EPALE: <https://ec.europa.eu/epale/en/node/40081>

Venue address: Onkiniemenkatu 1, 38200 Sastamala <http://bit.ly/2wFdTrU>

Course Agenda

Sunday 19.11. Arrival to Sastamala (= Vammala).

Monday 20.11.

10:15 PICK-UP AT HOTEL. Visiting a Multicultural IT class with students of special needs (with difficulties to enter worklife and also immigrants with varied language skills). The class deals with Internet services, such as handling bank affairs, looking for a job, health care services etc. This is a benchmarking class. The teacher speaks English. The venue is 1,2 km by foot.

12-13 Lunch at Café Pyymäen Konditoria

13:00-17 Ms Katri Kuusela (MA), a teacher of Italian introduces a number of Internet learning platforms (e.g. Edmodo, Padlet...) used in senior education and secondary education. Ms Kuusela is a freelance editing publisher for a big Finnish publishing house, and will introduce some web-based exercises that have not been published yet of a new book series of English. Coffee breaks in between.

18:45 PICK-UP AT HOTEL. Welcome dinner at Tyrvään Pappila – Tyrvää Old Vicarage <https://www.tyrvaanpappila.fi/fi/pappilan-info/yhteystiedot/> A dinner with some Sastamala City managers. This is about 15 minutes by foot from the hotel. Dinner is 28 €/person (+ drinks).

Tuesday 21.11.

10:30-16 Skype and other free of charge Internet tools in teaching Spanish (and other languages) as a foreign language. The teacher is Ms Carolina Garces Morales (MA). This module includes a Spanish class demonstration Via Skype with a multinational group of learners (Finnish, German). This module is in Spanish.

12-13 Lunch at Café Pyymäen Konditoria

Solo dining. You can have dinner at a place of your choice.

Wednesday 22.11.

09:00-09:45 Possibility to sit in and monitor a one-on-one private tutoring of ICT (teacher and learner together) = ICT Clinic. The teacher Mr Ilari Mehtonen (BA) speaks English and can explain and respond to the KA1 participants' questions about the pros and cons of private ICT tutoring, especially with very senior students - Group A!



Sastamala Community College in EPALE: <http://bit.ly/2kIldii>

This is how we are situated by train, by bus, by plane from Helsinki <http://bit.ly/2kfzAMi> (link is external) (link is external) **The nearest airport** Tampere-Pirkkala Airport **TMP** is 55 km from Sastamala.

Please note; the training language is English, but one training session is in Spanish. The course includes school visits to Finnish primary, secondary and upper-secondary schools.

Lunches take place in different cafes (8-10 €) and the dinners are specially arranged or á la carte (appr. 20-28 €/person). Also coffee breaks with coffee, tea, drinks, fruit and snacks are provided.

The minibus with a driver is 25 €/person/day: Wed (includes forest trip), Thu (includes school lunch) and Fri (includes transport to the railway station).

The cultural evening with food & drink is 15 €/person.

Link to the hotel (includes breakfast and WiFi): New hotel Pyympesä (located 70 meters from the course venue)



Co-funded by the Erasmus+ Programme of the European Union

09:45-10:30 An introduction to the College's ICT teaching strategy, particularly the "ICT Clinic" and BYOD (Bring Your Own Device) teaching. Speaker Mr Ilari Mehtonen.

10:30 Departure by minibus to the Nordic walking & Nature Trail

10:30-11 Visit to the Library: Digital collections, e-books and Digital Guidance and Information services.

11-12 Lunch at Heino Bakery <https://www.heinonleipomo.fi/arkilounas/>

12:30-15:30 A nature visit to a Finnish "kota" bonfire and Nordic walking on a nature trail in the forest Minibus transport. Transport takes about 30-40 minutes/one way. Back to the hotel at around 16-17.

18 PICK-UP AT HOTEL Special evening programme: A cultural evening accompanied by guitar music and Finnish flamenco fusion dancing. The evening takes place at "Kirisevä Art Gallery" just a 3-minute walk away from the hotel.

Thursday 23.11.

09-10:30 Possibility to sit in and monitor a one-on-one private tutoring of ICT (teacher and learner together) = ICT Clinic. The teacher Mr Ilari Mehtonen (BA) speaks English and can explain and respond to the KA1 participants' questions about the pros and cons of private tutoring, especially with very senior students - Group B! **The participants have a choice between groups A and B.**

10:30-14:30 Visit to primary and secondary schools (about 30 minutes from the centre of Sastamala): school lunch and visits to classes. The minibus leaves the college house at 10:30 and returns at about 14:30

15:00 visit to local upper-secondary school (high school).

17:30 Departure for dinner at Ellivuori. <https://www.ellivuoriresort.com/> Transport by minibus (30 minutes).

Friday 24.11.

10:30 Visiting Tampere. Location: Museum Centre Vapriikki <http://vapriikki.fi/en/> Possibility for lunch at the Museum Centre.

Departure day

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Recommendations for solo dining:

Chinese restaurant King Garden <http://www.streetdir.info/FI/Lansi-Suomi/Pirkanmaa/Sastamala/Sastamala/Spots/King-Garden/>

Kebab-pizzeria <https://www.fonecta.fi/profiili/Sastamala/2566366/Ege+Kebab-Pizzeria>

Restaurant Hovipiika <http://www.hovipiika.fi/>

Restaurant Seurahuone <http://www.vammalanseurahuone.fi/fi/ravintola>



What is Nordic walking?

https://en.wikipedia.org/wiki/Nordic_walking

What is Sastamala?

<https://en.wikipedia.org/wiki/Sastamala>

Sastamala Guide Book in

English <http://bit.ly/2yp6wGY>

What is the weather like in Finland in November?

<http://www.holiday-weather.com/helsinki/average/november/>

What do you need to pack?

-Warm clothing in case there is snow (high possibility).

Please take with you a warm hat and good gloves or mittens.

-Waterproof clothing in case it rains or there is sleet.

- Good shoes for walking. The nature visit takes place in a walking path, not in deep forest.

Please note that the length of the day is about 7 hours in late November. It gets dark at about 15:30-16:00.

The outdoor activities will

only take place if the weather is permitting.

The City of Tampere

<https://www.tampere.fi/en/index.html>

The programme can be subject to small changes.